**Befriending Volunteer Role Description**

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| **Role Title:** | **One to one befriender** |
| **Where:** | **Amina MWRC Dundee** |
| **When:** | **Day/time to be decided mutually with client**  |
| **Commitment:** | Once a week |
| **Duration:** | 1-2 Hours per weekly session  |
| **Responsible to** | Befriending Development Officer  |
| **Purpose and summary of role**  | The befriending service at Amina aims to support Muslim and BME women over 50 in Dundee who are experiencing loneliness and isolation. We already support some through group befriending but the purpose of the role is for a befriender to engage with our clients who are less able to get involved in group befriending activities.  |
| **Requirements & skills:** | **The befriender will spend time with a client from our over 50 befriending group of women in Dundee. You must be sensitive and caring and have a passion for supporting a woman over 50 who is lonely and isolated. Having a friendly and cheerful persona is vital and use of a community language would help. In order to undertake this role you are required to undertake a disclosure check. The Following skills are required:*** **Listening skills**
* **Non-judgmental attitude**
* **Strong interpersonal skills**
* **Good verbal and written communication skills**
* **Ability to speak a relevant community language**
* **Ability to deal with a diverse range of people**
* **IT skills such as word processing and emails**
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| **What’s In It For You:** | **Befriending one for one of our clients will be rewarding and satisfying work where you will be encouraged and offered full training and induction in your befriending role. You will be part of an enthusiastic and motivated team of volunteers at Amina and will gain much from knowing that you are offering much valued and needed time to support somebody facing loneliness and isolation.** |
| **Notes:** | **Out of pocket expenses will be reimbursed. The role involves regular supervision meetings and requires you to report to and stay in contact with your supervisor about the progress of your one to one match. This voluntary opportunity would suit anyone age 18 or above**  |
| **For more information and request for application form contact:** | Lubaba Qasim. Befriending Development Officer. Amina MWRC. 1/3 Whitehall Crescent, Dundee. DD1 4AU 01382 782450  |